# **Woodbury County**

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## Community Health Needs Assessment Snapshot

#### **Promote Healthy Behaviors**

Problems/Needs:

- Obesity Woodbury County obesity rates are higher than both the state and national average.
- Substance Abuse Although the data is reflecting a positive trend within our youth population, according to the Greater Metro Youth Survey, substance abuse issues continue to be a challenge for youth and adults alike.
- Mental Health The level of undiagnosed residents continues to be a problem. Also, those that have been diagnosed with some type of
  mental health condition, face challenges in access to care, support services and assistance in the management of their condition, partly
  due to lack of Psychiatrists or other licensed mental health professionals in Woodbury County.

# **Prevent Injuries**

Problems/Needs:

None identified

## **Protect Against Environmental Hazards**

Problems/Needs:

• Current Lead Coalition set a goal of testing 100% of children under the age of 5 for lead poisoning, and has not met the goal.

### **Prevent Epidemics and the Spread of Disease**

Problems/Needs:

None identified

#### Prepare for, Respond to, and Recover from Public Health Emergencies

Problems/Needs:

None identified

#### **Strengthen the Public Health Infrastructure**

#### Problems/Needs:

- The inability to identify or evaluate the dental care needs in both the adult and childhood populations in Woodbury County.

  Low number of dental offices that provide care for children with Medicaid, uninsured and underinsured in Woodbury County.
- How to support families and individuals through the continuum of life, while maintaining their quality of life and enhancing the availability of support services.
- Economics Economic Deprivation has been identified through two community driven needs assessment processes, one for CHNA/HIP and the second for Positive Youth Development. The number of individuals and families living in poverty and the published "National Health Rankings" reflect the economic need. Economic standing has been documented to impact the health and well-being of residents.

# Community Health Improvement Plan

Goal	Strategies	Who is responsible?	When? (Timeline)
To prevent an increase in obesity rates within Woodbury County through a variety of strategies	Enhancing worksite wellness programs within Woodbury County through the collaboration of the Workplace Coordinating Council, Live Healthy Siouxland webpage and 100 Day Challenge.	SDHD	Present - 2016
dealing with nutrition and physical activity.	Promoting policy and programming within the child and youth population within Woodbury county through the BASICS and EFNEP program, WIC, and implementation of the Healthy Kids Act in area school systems.	ISU Extension, SDHD, Area School Systems	Present - 2016
	Promotion of local foods through Regional Flavors and Farmers Market.	ISU Extension, City of Sioux City.	Present - 2016

		Who is	When?
Goal	Strategies	responsible?	(Timeline)
Reduce substance abuse (alcohol,	Continue collaboration with community partners that drive to	SDHD, Siouxland	Present to 2016
tobacco, and other drugs) in	eliminate the abuse of alcohol and other drugs within Woodbury	CARES, Jackson	
youth and adults within	County (Siouxland CARES).	Recovery Centers,	
Woodbury County.		Other community	
		partners	
	Continue to facilitate HSI (Healthy Siouxland Initiative) meetings	SDHD	Present to 2016
	on a monthly basis that allows for building content knowledge		
	and the capacity among members regarding substance abuse.		

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Goal	Strategies	responsible?	(Timeline)
Reduction in the fragmentation of	Addition of a Family Practice Psychiatrist by SCHC.	Siouxland	Sept 2011
mental health services for		Community	
residents. This would include		Health Center,	
looking at increasing, accessing		Jackson Recovery	
and funding for services in a		Centers	
coordinated fashion.	Support of a mental health summit to explore the array of issues	SCHC, Siouxland	Spring 2012
	that exist and then work towards coordination of services.	Mental Health,	
		Woodbury	
		County, Mercy	
		Medical Center,	
I		St. Luke's, SDHD	

Goal	Strategies	Who is responsible?	When? (Timeline)
To identify dental care needs in both the adult and childhood populations within Woodbury	Extrapolate data from the Iowa Mission of Mercy (IMOM) event being held in Sioux City Nov. 2011, such as zip code and insurance coverage	Oral Health Task Force	Feb. 2012
County	Encourage dental practices to participate in Give Kids A Smile Day or other similar events, and to collect specified data from clients.	Oral Health Task Force	Ongoing
	Awareness by dental providers and parents of the need for oral health services being provided to children at 1 year of age or the eruption of the first tooth.	I-SMILE Coordinator	Ongoing
	Continue partnership between SCHC and Mercy Medical Center that refers patients that report to the emergency room for dental services, including payment assistance. This opportunity could also be explored with St. Luke's	SCHC, Mercy Medical , St. Luke's	Ongoing

Goal	Strategies	Who is responsible?	When? (Timeline)
To increase dental opportunities for children that are uninsured or underinsured, children with	Continue to Coordinate the Oral Health Task Force Meetings.	Oral Health Task Force Coordinator	Every other month or as needed.
Medicaid, while raising the awareness of Medicaid provided dental services for children.	Update lists of providers that accept new Medicaid children patients and to provide those lists to SCHC, PH, and other agencies assisting with placement of clients	Oral Health Task Force	List of providers to be updated quarterly through the years.
	Investigate and identify licensing and liability issues that would prevent dentists from staffing mini-Mission of Mercy-type events throughout the year for Medicaid children at their offices or offsite locations.	Oral Health Task Force	January 2012

		Who is	When?
Goal	Strategies	responsible?	(Timeline)
Education of elected leaders	Develop standard criteria for evaluation of potential employers	Comprehensive	June 2011
regarding the impact of economic	to assure their positions created will be of a "livable" wage level.	Strategy-Positive	
deprivation on the health and	This will require development of a definition of "livable" wage.	Youth	
well-being of area residents.		Development, The	
		Siouxland	
		Initiative,	
		Woodbury County	
		and City of Sioux	
		City Economic	
		Dev.	
		Departments,	
		Healthy Siouxland	
		Initiative	
	Support high school graduation requirements that include the	Comprehensive	August 2013
	successful completion of a course in personal finance.	Strategy- Positive	
		Youth	
		Development,	
		Woodbury County	
		Schools	
	Work to assure reciprocity in the tri-state area for post-	Pat Johnson,	January 2014
	secondary enrollment option credits between NECC, WITCC and	Transition Center-	
	Indian Community College.	contact, Mary	
		Treglia	
	Education of elected leaders on the impact that economic	Siouxland District	April-July 2011
	deprivation has on residents and coordinating response efforts to	Health	
	improve the standing of residents.	Department	
	Provide education on the economic impact of safety net services	Siouxland WIC,	February 2012
	that are provided to area residents to support their well-being,	DHS, Local	,
	including the elderly, fixed-income and homeless.	Farmer's Market	